MARIA VON HELAND

WRITER · DIRECTOR · SERIES CREATOR

Based in Berlin · Swedish, English, German, French
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BIOGRAPHY — MEDIUM

Maria von Heland is a Swedish writer and director based in Berlin. She trained at the California Institute of the Arts under Alexander Mackendrick and works across feature film and international television in Swedish, English and German. Her early shorts — among them *Real Men Eat Meat*, shot in Mongolia — travelled the international festival circuit and won the Friedrich Wilhelm Murnau Award; her first feature, *Big Girls Don't Cry*, brought the screen debuts of Anna Maria Mühe and Karoline Herfurth. She has since written and directed features and television in Sweden and Germany, and co-created the international series *Heirs of the Night*, filmed across six countries. From 2008 to 2018 she was Artistic Director and Writer of the European Film Awards; in 2021 she founded Tindra Film in Berlin.

APPROX. 130 WORDS